**Valley View Surgery - Practice Champions/Patient Participation Group**

**Discussions and Meetings 2017**

January – donations for the food bank were collected for the homeless and given to Hidden Voices for distribution.

February - patient champions handed out our surgery survey and created a display to encourage patients to stop smoking.

March - discussion on changes regarding open surgery, arranged a coffee morning with our practice nurse to discuss cervical smears. We also had a meeting to discuss the Easter Fayre.

April - Joint Easter Fayre with Farrow Medical Centre held at St Augustine’s Church including mehndi, face painting, food stalls/sweets, colouring and games. The group also collected some friends and family feedback. Community pharmacy attended to discuss blood pressure; womenzone attended to give advice on healthy eating and weight management and carer’s resource attended with information and advice for carer’s.

May - working alongside Farrow Medical Centre to organise relaxation classes.

June - meeting with Peel Park Surgery PPG to discuss yoga classes. There was also a coffee morning attended by Hale (social prescribers), Thornbury Centre and Better Start Bradford.

July - meeting with Better Start Bradford.

August - discussion regarding starting relaxation classes and re-starting English classes.

September - relaxation classes started. Patient champions also discussed how to promote flu clinics and organise a Halloween Event.

October - Halloween Event with Peel Park Surgery including mehndi, face painting, colouring games, best Halloween costume. Patient champions handed out questionnaire’s. Bradford Catwatch Rescue attended to teach parents and children how to care for pets.

November - discussion on how to help patients with instructions for using online system to order prescriptions.

December – students, patient champions helping with displays, posters and helping patients use self-arrival screen.